



FreeFrom Food Awards 2022 Winners Announced at Gala Ceremony

Rosie & Jim win Product Range of the Year – for innovative and quality products
Clonakilty Gluten Free Kitchen win Product of the Year for their
Gluten Free Burger Bun

FreeFrom Champion Award goes to Tony & Fred Hick, Hick Bros Butchers of Dun Laoghaire, as pioneering producers of gluten free sausages in Ireland in the 70s

Pictured are Maria McHale, Journalist & Communications Consultant, Emma Clarke Conway, FreeFrom Food Awards, the Clonakilty Gluten Free Kitchen team, winners of the coveted FreeFrom Food Awards 2023, Product of the Year, for their Gluten Free Burger Bun and John Burke, FreeFrom Food Awards Ireland Founder.

Pictured are the team behind Aldi's FreeFrom range who took numerous awards, including Retailer of the Year, for the third year running due to the consistency of their stores and the range and variety available to freefrom consumers.

Pictured are John Burke, Maria McHale, Emma Clarke Conway and Stephen Hick, representing his father, Tony and his late uncle Fred Hick, Hick Bros Butchers of Dun Laoghaire. Sponsored by Juvela, the FreeFrom Champion was awarded to the Hicks, as one of the first butchers in Ireland to specially produce gluten free sausages as far back as the 1970's, when gluten free sausages were impossible to source.

The FreeFrom Food Awards 2023 Gala Presentations took place on Friday 3rd November in the Grand Hotel, Malahide, Co. Dublin with entries from producers across the 32 counties of Ireland. The freefrom industry assembled to find out who would scoop the Gold, Silvers or Bronze awards for products judged by panels that included coeliacs, parents of freefrom children, nutritionists, dietitians, chefs, foodies and bloggers. Winning an award in this sector, encourages the continued growth of the sector and demonstrates the quality of freefrom foods – a far cry from bread in tins and a win-win for consumers who must shop in the freefrom aisles. Over 40 categories were judged over three weeks in September and the Awards night is the culmination of this process.

Freefrom Food Awards Ireland has been established independently by John Burke, founder of GFLife, a lifelong coeliac. The FreeFrom Food Awards, were started in the UK in 2007, being the only industry awards for FreeFrom foods, by FoodsMatter and FreeFrom Foods Matter. Having been a judge at the UK FreeFrom Awards, John adapted



the awards format for an Irish setting. This is the 8th year of the Awards and they continue to be a beacon for the best in freefrom in the industry in Ireland.

For further information:

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